

CATALYST ADVENTURE PACKING LIST

We are camping in tents, hiking, and white water rafting! Keep that in mind when packing! Two pairs of shoes is a must.

TO BRING

- Sleeping bag & pillow
- Beach towel
- Clothes for hiking and white water rafting
- Pajamas
- Clothes
- Tennis shoes for hiking
- Water shoes or sneakers that can get wet while rafting (must be closed toe!)
- Sandals/ flip flops
- Flashlight
- Sunscreen (waterproof)
- Reusable water bottle
- Backpack
- Jacket/Hoodie
- Swim suit
- Notebook
- Bible
- Pen
- Sunglasses
- Toiletries (toothbrush, toothpaste, hairbrush, deodorant etc.)
- Insect repellent

NOT TO BRING...

- Valuable items that could get lost, stolen or damaged such as cameras, radios, expensive watches, jewelry, iPads, personal music players, headphones, video games and other electronic devices
- Weapons, tobacco, firearms, drugs, etc.

ALL medications must be turned in at registration.